

IT'S SUMMER BLACK BELT CAMP TIME !!!

Yudansha: READ CAREFULLY!

SAVE THE DATE

The *CJA Black Belt Summer Mini-Camp* is just weeks away: **July 1 thru July 4** (Wed. thru Sat.). Plan to arrive on June 29th or 30th in order to get your tent up and get settled in. Profs can sleep in the dojo. Others by arrangement. Plus we can use your help in camp setup!!! No regular meals will be provided on these days but there will be some snacks and cold cuts available. You might consider ordering out for a pizza, etc. **Black Belt exams (10 AM Tue. June 30th), BOD & BOP meetings will be on Tue. June 30th, 5 PM.** Pre Camp set up will be June 29th (Monday).

This will be a "Mini-Camp" - Just 4 days. CJA Black Belts and Professors will be teaching all classes. This is a Black Belt Camp. Kyus may participate in appropriate classes. If you need 1st Aid or CPR classes then take them now on line and at home. BB Classes will include all lists for Nidan and Sandan exams plus some extra fun stuff thrown in.

Bring your sparring gloves, chest protector, cup, mouthpiece, shin and foot pads, and headgear to qualify to attend the various sparring classes. This is going to be real fun!!!

Besides a great selection of classes during the day, we *MAY* have some special offerings after dinner. We are looking forward to fun with weapons. Range safety exam must be passed first! Don't forget the "live" entertainment on the stage, campfires, movies (+ pie & ice cream), which we may cancel. And then there is the FOOD! Good stuff and lots of it! Only 3 Sensei responded to my text on evening activities. I will decide to hold evening activities based on their input.

We project we will be able to break even at \$175 per person, which includes all meals, classes, special events, all other camp expenses, and hopefully a T-Shirt. Each participant MUST pay as a CJA member (\$25 adults 21 and over, \$15 for those below) for insurance purposes - the CJA form MUST be signed by a parent for a minor, so get it signed in advance. We have a CJA Application form which meets the requirements of our insurance. If you are already a member, YOU MUST SIGN UP using the new form. If you have already paid for 2026-2027, you do not have to pay again - just fill out and sign the new form (if under 18, don't forget the parents signature!). The CJA is a non-profit corporation so we charge what we project our costs to be. None of our instructors are paid. Food, printing, and other costs are all going up. Yet you will not find a camp as fantastic as ours for the cost, anywhere! Local Kyus who refuse to help set up on workdays will have to pay the commercial rate of \$2000 for camp. Same goes for our local Black Belts who refuse to help set up on workdays. This does NOT apply to our "out of towners".

If you are planning to fly, get reservations now! You can UPS your tent and sleeping bag. (Ship to me at 835 Kienas Road, Kalispell, MT 59901). If you are going to drive, try to get together with others and caravan, splitting the costs. We hope to see you all here. The CJA camp experience provides memories for a lifetime! Don't forget your camera and your notebook. This is going to be a great one and lots of fun! Kokua!

Prof. "E"

MAKE COPIES OF ALL FORMS AS NEEDED. Get your CJA Membership form on line now!!!



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BLACK BELT YUDANSHA:

I need (1) Classes you would like to teach: Class Title and description for each - a sentence or two will work. [Shodan/Nidan - 1/2: Sandan/Yodan 3/4: Godan/Prof. 5/6] (2) any changes/additions to your biography. (3) Updated picture if you want- preferably upper body-no action photos please. Most classes will be taught by Profs.

Ideas for classes include all the traditional boards: Yawara through Oku, Hanbo, Bo, Tanto, Tanju, Bokken, Jo, Hanshakubo (Yawara Stick), Kombo (Club), Kali, Judo, Kempo (all styles), "Brazillian" JuJitsu, Kung Fu (all styles), Kendo, Keisatsu (Police Tactics - all), Chugaeri (Rolls - all types), Sutemi (all types), Tachi Waza (stances - all types), Ashigarami (leg entanglement/throws), Kowami (Okazaki exercises), Pugil Sticks, Reigisaho (mat etiquette, conduct, sportsmanship, etc.), Mushin Jitsu (meditation forms and techniques), Katsu/Kapo, Makitsukeru (taping), Kansetsu Dakyu (joint restoration - all), Sekkotsu (Bone setting basics), Emergency medical considerations, Tetsugaku (Esoteric principles, Mokuroku, Bushido, Samurai creed, strategy, etc.).

You may add a "twist" to the above by working them from combinations, right/left, down/up, on the ground, crawling, kneeling, blindfolded, partially bound, with multiple attacks/attackers, walking, over/on/off a barrier, with gloves on, standing/walking on staffs, from spins/rolls/falls, tai sabaki, irimi, kazushi, etc., etc. Your imagination is your limitation. Remember the camp is for the Black Belts. Teach the basic boards if you want and put your own twist to them. The Black Belts will share their favorite variations. Let's just have fun!

HOWEVER - SAFETY IS OF FOREMOST IMPORTANCE. Make sure you are thoroughly prepared in the arts you will be teaching. You must look ahead to fore see possible sources of injury. Students must NOT be exposed to arts beyond their abilities. Students should not be allowed in a class for which they have not had the necessary preparation - unless you plan to prepare them in class. Students may need to be grouped by ability and difficulty of technique.

CLASSES ARE DUE BY MAY 24th (PHOTO AND BIO IF CHANGED TOO)

We are running on a deadline so I am depending on you being responsible. This is important to putting on a great camp. The work on the handbook/schedule takes more hours than I care to admit, so you MUST get me your info ASAP!!! Thanks!
Prof. "E"

PS: If your info does not arrive by May 24th your classes will NOT be considered and your info may not be included in the camp handbook. SNAIL MAIL ONLY!